



# "We've Got Class"



## Drs. Jenks, Kelly, Kim and Balash's Prepared Childbirth Education and Lamaze Weekender Class

TRE Medical offers "Prepared Childbirth Education and Lamaze Classes" designed for Drs. Jenks, Kelly, Kim and Balash's expectant patients and their partners. Classes are taught by Kelly Balash, an experienced labor and delivery nurse, certified lactation consultant and childbirth educator. The class includes a tour of the Birth Center, Maternity Family Care unit, Lamaze Breathing techniques, labor choices, comfort measures, and what to expect during the labor and delivery process. It is a full day with plenty of time for questions. Classes meet on the campus of Good Samaritan Hospital. You will be notified of the exact location upon registration confirmation. For more information, available class dates, and quick on-line registration log onto: [www.classwithkelly.net](http://www.classwithkelly.net).

You can register quickly on your smart phone by either filling out the registration request or linking to the e-mail address to forward an e-mail request to [kellybalash@hotmail.com](mailto:kellybalash@hotmail.com). Classes meet for one Saturday, from 9:00 am - 4:30 pm, plenty of breaks are allowed and time for lunch is scheduled. The tuition for the class is \$85 per couple; the tuition is due the date the class meets. Refresher classes are offered for moms who have previously taken Lamaze classes, and are offered on Saturday from 9:00 am - 12:30 pm. The tuition for the refresher class is \$45. Confirmation of class registration will be e-mailed to you.

Tentative Weekender Prepared Childbirth Education 2014 class dates are: August 2, September 6, September 20, November 1 and December 6, the 2015 tentative dates are: January 3, February 7, March 7, April 11, May 2, June 6, June 27. Log onto [www.classwithkelly.net](http://www.classwithkelly.net) for the most current class dates. It is recommended that you take the class in the 7<sup>th</sup> or 8<sup>th</sup> month of your pregnancy or anywhere from 12 -4 weeks prior to your due date. Contact Kelly, or check for the most current class dates and information at [www.classwithkelly.net](http://www.classwithkelly.net), as occasionally additional class dates are scheduled.

To register via your smart phone, online, e-mail, telephone or USPS mail either:

Log onto: [www.classwithkelly.net](http://www.classwithkelly.net) submit the registration form on-line  
E-mail to: <mailto:kellybalash@hotmail.com> Subject: "Weekender Lamaze"  
Call Kelly at: 630- 852-5022  
Mail the information below

Mail to: Kelly Balash RNC  
1706 Alamance Place  
Downers Grove, IL 60516  
630-852-5022

Name: \_\_\_\_\_  
Due Date: \_\_\_\_\_ Date of Class requested: \_\_\_\_\_  
e-mail address: \_\_\_\_\_  
Phone: (\_\_\_\_) \_\_\_\_\_ cell (\_\_\_\_) \_\_\_\_\_

For more information, and to register from your smart phone or computer go to:  
[www.classwithkelly.net](http://www.classwithkelly.net) or e-mail: [kellybalash@hotmail.com](mailto:kellybalash@hotmail.com)