

Schedule of Prenatal Visits for Low Risk Patients

Weeks from Last Menstrual Period

Nature of Visit

8	Initial evaluation consisting of history, complete physical exam, pap smear, urine and vaginal cultures, order given for prenatal labs and explanation of optional testing such as Genetic Testing and Cystic Fibrosis.
12	Weight, urine dipstick, blood pressure, measure uterine growth, fetal heart tones performed at all visits, review of all lab results and questions answered. Optional Nuchal Translucency or Materni T21 at 12-13 weeks.
16	Routine evaluation. AFP or Quad Screen (optional blood test to screen for increased risk of neural tube defects and Down Syndrome) Register for Childbirth Classes.
20	Routine evaluation, 20 week ultrasound (Please check to see if covered by insurance or you may have to pay at time of visit)
24	Routine evaluation
28	Routine evaluation, screening for Gestational Diabetes, hemoglobin, state mandated Syphilis test, receive RhoGAM if you are RH negative blood type (instructions will be given by nurse as well as order for these tests) and TDAP vaccine-highly recommended with every pregnancy.
32	Routine evaluation
34	Routine evaluation
36	Routine evaluation, vaginal exam to assess cervical change and fetal position, vaginal and rectal culture to screen for Group B Streptococcus
37-41	Weekly routine evaluations including vaginal exam to evaluate cervical change and position of fetus

Updated August 8, 2014